

## **PROM NIGHT DRIVING TIPS**

- Drive on well-lit roads and be sure to have your cell phone with you at all times.
- Make sure that your date and/or driver does not drink any alcohol.
- Alcohol impairs one's vision and slows reaction time, clear thinking, judgment, and coordination.
- During weekends, there tend to be more drunk drivers on Connecticut roads. Always watch for oncoming drivers, as impaired drivers tend to drive toward lights.
- Before you leave home, have directions to where you are going on prom night.
- As always, at any Connecticut intersection, after your red light turns green, wait a second before pulling into the intersection to ensure that other drivers are not running the light.
- Keep the radio volume turned low enough so the driver can concentrate on getting you to and from the fun.

- Plan ahead—make sure you have a safe plan for prom night.
- Discuss your plans with your friends, remind each other about responsible decision-making and confronting peer pressure.
- Remember to charge your cell phone and have it with you.
- Know where you are and where your plans will take you next; keep your parents and friends informed.
- Remember to contact your parents if your plans change.
- Do not allow anyone in your car or limo that has alcohol, drugs or weapons. It is dangerous and everyone in the car is at risk of being arrested.

*Make Your Prom Night  
a Safe & Sober One!*

# CONNECTICUT STATE POLICE



## **PROM NIGHT SAFETY TIPS**

*Advice for Teens and Parents*

**Connecticut State Police  
1111 Country Club Road  
Middletown, CT 06457  
[www.ct.gov/dps](http://www.ct.gov/dps)**

## **PROM NIGHT TIPS FOR PARENTS**

- Know who your child is attending the prom with and obtain all cell phone numbers.

Discuss the events for pre- and post prom parties with your teen and with other parents.

- Talk with your teen about guidelines and a curfew. Talk about the consequences of violating these rules.
- Discuss travel plans. If renting a Limousine, ensure that their drivers will not allow a person to bring, serve or introduce alcohol into the vehicle.
- Talk to your teen about the serious dangers and consequences of underage drinking and driving.
- Remind your child that you are there for them, if they need a ride home or to an after-prom affair.

## **WHEN YOUR TEEN ATTENDS A PARTY**

- Contact the adults to verify the occasion and the time of the party.
- Ensure that an adult will be home and that there will be no alcohol or other drugs permitted.
- Be sure to know the location of the party and the phone number of those hosting the party.
- Arrange transportation beforehand. Assure your teen that you or a specified neighbor or friend can be called if a ride home is needed.
- Agree on times before the party starts.
- Be awake when your teen gets home. This will give you the opportunity to talk with your teen and to check his or her arrival time.

## **HOSTING TEENAGE PARTIES**

- An adult should be present at home throughout the length party.
- When possible, do not have the party in a separate part of the house.
- Parents need to stay visible during the entire party.
- Bring snacks or non-alcoholic beverages to where the teens are congregated and wander through consistently to say hello.
- Remember, Connecticut law prohibits providing alcohol to minors.
- Do not allow any teen who leaves the party to return to the gathering.

